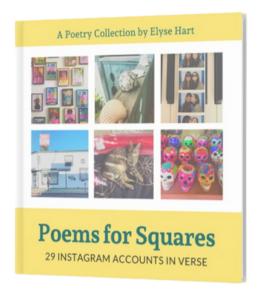
A Poetry Collection by Elyse Hart

Poems for Squares

29 INSTAGRAM ACCOUNTS IN VERSE





ABOUT THE BOOK

Take a peek inside the lives of 29 individuals with this vibrant collection of poems and the Instagram photos that inspired them. *Poems for Squares* takes you on a journey through life's Instagrammable moments—from the boisterous birthday party to the introspective sunset hike. Elyse Hart's verses celebrate the wonderful rollercoaster that is life. (At least as it appears on Instagram!)

About the Author

ELYSE HART

Elyse Hart is a writer from Los Angeles where she lives with her cats, Asher and Fiona Apple. She is the author of the chapbook White Noise Crucible (Bottlecap Press) and has been featured in Slipstream, The Nervous Breakdown, Ghost City Review, Maudlin House, and others. She maintains an Instagram account for poetry @elysehartpoetry.



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SELL INFO

Title: Poems for Squares: 29 Instagram Accounts in Verse

Author: Elyse Hart ISBN: 978-0-578-27392-1 Publisher: Lint Ball Press

RRP: 19.95

Release Date: March 15, 2023 Trim: 8.5" x 8.5" Paperback

Page Count: 76 Photographs: Color Genre: Poetry

BISAC: Poetry/Women Authors Available From: Amazon, barnesandnoble.com, IngramSpark

ADVANCED PRAISE

"In this vibrant and inventive collection, Elyse Hart uses wit, wisdom, and soul to absorb the technicolor rainbows of seemingly disparate photos, invents new colors to repaint pictures, and creates new imagined lives beyond the camera lens. With these poems, Elyse takes square Instagram photos and extends them into new and exciting boundaries free of any borders."

-Rich Ferguson, Beat Poet Laureate of California ('20-'22) & editor of Beat Not Beat (Moontide Press)

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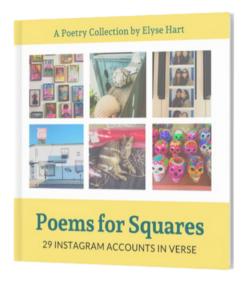
-Rick Lupert, author of God Wrestler and I Am Not Writing a Book of Poems in Hawaii

Elyse Hart expanded ekphrastic poetry's possibilities with this charming book in conversation with the visual pleasures of 29 Instagrammers. Elyse's vibrant poems envoice these parties, friendships, cats, landscapes, babies, guitars, desserts, vacays, tattoos, flowers, and, of course, selfies. A witty companion to the joys of scrolling through the pics of friends and strangers.

-Camille Guthrie, author of Diamonds (BOA Editions)



FOR IMMEDIATE RELEASE



Poems for Squares

29 INSTAGRAM ACCOUNTS IN VERSE

Los Angeles, CA, USA, January 4, 2023

What would my life look like in poem form? Twenty-nine people asked Elyse Hart that question when she posted on Instagram that she would write a poem about anyone who wanted one. The kicker? The poem would be based on their Instagram photos. To be released on March 15, 2023.

Poems for Squares: 29 Instagram Accounts in Verse is a compilation of the poems that followed.

"My aim in writing these poems was to delight the people who received them. From the reactions I got, my project achieved its goal."

-Elyse Hart, author, Poems for Squares

Elyse Hart is a writer from Los Angeles where she lives with her cats, Asher and Fiona Apple. She is the author of the chapbook White Noise Crucible (Bottlecap Press, 2022) and has been featured in publications such as Slipstream, The Nervous Breakdown, Maudlin House, Ghost City Review, and others. She maintains an Instagram account for poetry @elysehartpoetry.

Poems for Squares is a lively collection of 116 photographs and 29 poems about regular people's lives. The poems are ekphrastic, that is, they are written about other people's works of art—in this case, their Instagram photos.

Jaunty as it is poignant, the poems in this collection fit the mood of the photos they describe, making *Poems for Squares* a rollercoaster of the ups and downs of life (at least life as it appears on Instagram). Available in 8.5" x 8.5" hardcover, this collection makes the perfect coffee table conversation piece.

Visit https://www.elysehart.com/poemsforsquares for more information and to register for the upcoming Poems for Squares Book Launch Event, to be held in Los Angeles, CA and virtually.

#poetrybook #womenpoets

FOR MORE INFORMATION, CONTACT:



Poems for Squares

29 INSTAGRAM ACCOUNTS IN VERSE

SAMPLE INTERVIEW QUESTIONS

Q: Why did you start this project? What prompted you to start writing poems for people about their Instagram photos?

A: It started in the summer of 2019 with my friend Hillary's cat, Popsicle. She joked that I should write a poem about him and I was totally down. I referred to his Instagram (yes, Popsicle has an Instagram account) for inspiration...kind of like painting a portrait with words and referring to a photo. So "Popsicle Is Driven to Drink" is the poem that started it all.

Q: How many people requested poems to be written for them?

A: There are 29 poems in this book, but more than 29 people requested...I had a backlog of some people I never got to. But I guess my attention span for this project had petered out at that point, which is totally appropriate given the nature of social media. I began focusing on other aspects of my writing and music at that point.

Q: What were people's reactions when you delivered the poems?

A: People were mostly delighted. I think they appreciated being seen, for someone to notice the details of their photos and lives. I had someone tell me they felt very seen. I had one friend who demanded a rewrite and told me to "go deeper". Haha, I obliged.

Q: What is your process for writing about Instagram photos?

A: I go to their grid and peruse their photos till something strikes me as poetic, then words start coming to me. It's mostly about flow with these poems and very little about structure. I would say these poems are virtually structureless.

Q: How do you balance humor and emotion while creating a cohesive collection?

A: The way these poems materialized is a reflection of who I am. I come off as a very un-serious and sort of....irreverent--I guess-person, but within me, there is a sweet, sentimental side. These poems are the same way.

Q: Where did you draw inspiration for this collection?

A: I was introduced to ekphrastic poetry by Camille Guthrie when I read her poem "A Young Daughter of the Picts" in a 2019 issue of The Iowa Review. It was fabulous...and carried a lot of humor. I began this project some months

Q: What do you get out of writing poems for other people?

A: It's an interesting creative challenge and endless way to provide myself with writing prompts. On the other hand, it connects me on a deeper level with the people I write about. I feel bound to that person in a way.

Q: Do you think there will be a Volume 2 of Poems for Squares?

A: Absolutely. Well, we'll see how Volume 1 does and if there is any interest. I have grown so much as a writer since this project and so much has happened. I would love to see how a fresh batch turns out.

Q: Which is your favorite poem in the collection?

A: It's "Dog People Want to Be Cats" because it's totally absurd and features a cat in a dres, and I'm a big cat freak.

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Poems for Squares

29 INSTAGRAM ACCOUNTS IN VERSE

EXCERPT

Cottagecore Forever

for Caitlin Gemmell

Handful of blue florets five petals dusting my life, my love line, my tea leaves read enchanted simplicity, my basket heaves with scraps we've scraped with our two hands to eat of the earth, my feet touch the land where stumps erupt and stones are sprinkled and placed just so as I hold a wood thrush in my hands.









@caitlin.gemmell

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Poems for Squares

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Things Get Jesus-y in the Desert

for Caleb Knueven

Empty is this place the guts disgraced, the armchair concerned with eschatology.

God is love God is my church in tow on a broken down truck tattooed in repentance and sin.

The desert is barren and grim, we stare to the sky, let light make shapes on our retinas and if one of them looks like Jesus on toast, then, hallelujah!

They left the trailer when life became all Bud Light and chili beansa lens flare will bring beauty to this scene.

When X marks the spot, follow it to the heart, 'cause for chrissake God is love!

No really-GOD IS LOVE!!

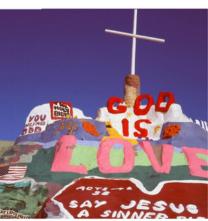
We paint the desert our palette of blood of Christ and holy ghost.

Drive out here and revere the flag, the cross, the Bibleacross the street









@calebknueven

BACK COVER

A Poetry Collection by Elyse Hart













Poems for Squares

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What would my life look like as a poem?

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SAMPLE SOCIAL POSTS

FOR INSTAGRAM





has been featured in publications such as

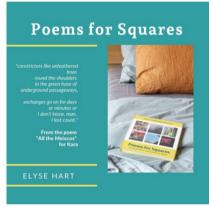
- Slipstream
- The Nervous
- Breakdown
- Maudlin House The Los Angeles Press
 Poetry Super Highway
- Okay Donkey
- Rogue Agent
 Ghost City Review
- and others















Re on the lookout for this lively and delightful poetry collection written especially for Instagram.











Poems for Squares



*Behind our masks, we are not fierce not cunning, not lovely— we are wholly human:

But with a mask, we are who we like— and can we agree? Most people want to be cats."

From the poem "Dog People Want to Be Cats" for Diego

ELYSE HART

